



Pumas San Bernardino Player Commitments and Expectations

I will:

- Play for the good of the game
- Promise to work hard at practice and games to improve my soccer skills and my understanding of the game
- I understand the amount of playing time I receive in games will be based on my skills, attendance, and attitude
- Always have a positive attitude, demonstrate good sportsmanship at all times regardless of the outcome of the game
- Be generous when we win; graceful when we lose and always enjoy the game
- Conduct myself with class and dignity at all times
- Respect all officials and coaches and accept their decisions without question
- Give encouragement to my fellow teammates at all times
- Immediately report any injury to my coach, never play, be honest with myself and my team
- Abide by my coach's decision regarding playing time and positioning
- Practice individual soccer skills on my own time at least 3-5 times per week. Individual development = Team Success
- Attend & be punctual to games & practices, attendance will have an impact on my playing time
- Notify the coach or team manager if I will be late or unable to attend a game, training session, or team meeting
- Learn the rules, policies & procedures of the Club
- Be the best that I can be at all times; for myself, my club and my family

I will never:

- Engage in dissent toward an official or coach nor use profane or vulgar language
- Leave a game field or training session without the permission of my coach
- Lie about injuries that will hurt me physically
- Use a controlled substance (drugs), tobacco products, or drink alcoholic beverages
- **Forget that I represent Pumas UNAM !!!!**

Player Signature

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